

Goldcrest

Regulus regulus

The Goldcrest is the smallest European bird. They are plump with a yellow stripe crown, and black stripes on either side. Have no supercilium and has pale wingbars.. They feed on Green Spruce Aphid in the wintertime. They started to breed in Iceland quite recently, first proven in 1999. The birds that breed here are most likely resident birds.



Jóhann Óli Hilmarsson. (2005). *Icelandic bird guide*. Reykjavík: Iðunn.

Image: Daníel Bergmann, taken from

<https://www.ni.is/biota/animalia/chordata/aves/passeriformes/glokollur-regulus-regulus>

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